



FINDING YOURSELF IN TRANSITION:

Using Your Story to
Navigate Educational
and Occupational
Decisions and
Work/Life Traumas

MONDAY, APRIL 16, 6 – 8:30 p.m.

Registration and Networking: 6 – 6:30 p.m.

Lecture and Demonstration: 6:30 – 8 p.m.

Discussion: 8 – 8:30 p.m.

Lawrence Street Center, 2nd Floor Terrace Room

Cost:

**\$25 to the general public; free to anyone
with a valid CU Denver email address**

Light refreshments served.

[Click to RSVP](#)

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Office of Continuing Education*



Are you in career transition?

Struggling to make that crucial decision? This is a common problem whether you are transitioning from school to work, work to work or work to retirement. Transitions can cause a great deal of anxiety and often lead to no decision or the wrong one.

Join a group of like-minded individuals as we explore how to understand and take control of your unique life “story” and use that to make the right decisions now and for your future.

Dr. Kevin Glavin, a leading authority on Life Designing and Career Construction will lead this seminar and show you how to identify the crucial pieces of your life story jigsaw, to construct the story and then to use that to help you take control of the next step of your life.

View Dr. Glavin's [LinkedIn profile](#).

